

S'mores Challenge



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Challenge Options

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Discover

- ☐ Find out who first invented S'mores
- ☐ Research where marshmallows originated and how they were originally made
- ☐ Marshmallows change completely when heated. Explain why they puff up and what happens to the tiny air bubbles trapped inside as they expand over heat.
- ☐ Research how cocoa is grown and where chocolate comes from
- ☐ Find out which country first created the modern version of marshmallows
- ☐ Compare the ingredients in homemade marshmallows and store-bought marshmallows
- ☐ Compare how different countries make s'mores

Create

- ☐ Create a drawing or clay model of a "S'mores Buddy". What is its name? Give it a fun backstory.
- ☐ Invent your own s'mores flavour combo using at least one non-traditional ingredient and give your creation a catchy menu name.
- ☐ Create a s'mores craft item (perhaps using felt or fabric)
- ☐ Create jewellery or keyrings using mini marshmallow colours as inspiration (pink, white, brown)
- ☐ Design packaging for a new s'mores-flavoured snack
- ☐ Write a short story or poem about a s'more
- ☐ Create a comic strip featuring a marshmallow character going on an adventure
- ☐ Organise an activity to guess how many mini marshmallows are in a jar
- ☐ Organise a marshmallow stacking competition
- ☐ Create a marshmallow-themed board game and teach others how to play
- ☐ Design a poster celebrating National S'mores Day (August 10)
- ☐ Invent a new marshmallow flavour and design the packaging
- ☐ Prepare a document or video explaining how to make S'mores
- ☐ Plan and run a S'mores activity night for a group



S'mores Challenge



STEM / Construction

- Build a functioning "solar oven" using a pizza box, aluminum foil, plastic wrap, and black construction paper. Use the power of the sun to melt a s'more without any fire at all.
- Build a Marshmallow Catapult or design a device that can launch a marshmallow the furthest distance
- Build the tallest free-standing marshmallow tower possible using spaghetti
- Build the tallest marshmallow stack possible in 60 seconds (marshmallows only)
- Build a mini campfire model using natural materials or craft supplies
- Create a container that protects a marshmallow when dropped from height
- Create a marble run using marshmallows and toothpicks



Play

- Complete a marshmallow spoon race without dropping your marshmallow
- Compete with others to quickly move mini marshmallows from one bowl to another using chopsticks or tweezers
- Toss mini marshmallows into a cup from increasing distances
- Balance a marshmallow on your head while completing a short obstacle course
- Create a play or campfire skit featuring a marshmallow character
- Make a list of smaller words you can find using the letters in the word MARSHMALLOW

Safety

- Learn to light a match safely and cook s'mores over a tea-light candle
- Demonstrate how to establish a "safety circle" around a fire.
- Explain what you should do if a marshmallow catches fire
- Learn how to safely light a campfire (with supervision)
- Learn about fire safety rules in your local area
- Learn three different methods of safely lighting a fire
- Practise extinguishing a fire safely using water or sand
- Learn how weather conditions affect campfire safety

Cook

- Cook and compare s'mores using a variety of methods: open fire, tea-light candle, microwave, air fryer, sandwich press etc
- Create a healthy alternative version of a traditional S'more
- Make homemade marshmallows from scratch

